

# Access to Higher Education – Health & Social Care

Subject Area	Health & Social Care
Course Type	Access to Higher Education
Study Level	Level 3
Delivery Mode	Full-time
Location	David Hockney Building
Duration	1 Year
Start Date	September 2025
Course Code	

## Course Summary

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The one-year Level 3 Access to Higher Education Diploma in Health and Social Care Professions, for those aged 19+, will provide you with a broad-based experience to progress to a range of Higher Education courses in the Social Care Professions subjects. This pathway may allow progression to a degree in Social Work, Youth and Community Development, Health and Social Welfare, Counselling, Psychology and Community Settings, Childhood and Youth Studies and Social Nutrition and Health.

## What You Will Learn

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You will develop skills in:

- Independent Research
- Referencing (Harvard)
- Critical thinking and evaluative skills.
- Word Processing (including the use of footnotes)
- Time Management
- ILT (Information and Learning Technology – including the use of Virtual Learning Environments and the library online.

- Solving or offering solutions to problems

## Modules

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- Introduction to Psychology
- Treating Disorders
- Interpersonal Communication
- Memory
- Planning and Carrying Out Research in Sociology
- Introduction to Sociology: Culture and Identity
- Sociological Theories and Their Application to Contemporary Society
- Crime
- Effective Communication in Health and Social Care
- Mental Health and Wellbeing
- Health and Social Care Provision
- Principles of Safeguarding in Health and Social Care
- Developing Skills for Studying
- Preparing to Progress
- ICT – Presentation Software
- Families, Households and Personal Relations

## Entry Requirements

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Entry to this course requires GCSE English Language and Maths at a grade 4 or C or equivalent. You are at least 19 years old on 1st September.

It is your responsibility to check that your Mathematics and English Language qualifications are accepted for the Higher Education Institution course you wish to eventually apply for. When applying to join an Access to HE course, please state on the application form that you require the Social Care pathway. Induction for this course will begin at the start of September.

## Assessment

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You will have both formative and summative assessments for each unit. Formative assessments will be continuous and check your learning and understanding. These will include quizzes, online practice assessments and self-marked, reflective work. Summative assessments will be assessed through a range of assessment methods for example, reports; essays; presentations.

# Progression

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Successful completion of this course can lead to progression to further study, Higher Education or employment in the Health and Social Care sector.